#### What happens next?

Individuals who meet the eligibility criteria are encouraged to apply for independent living services. Individuals interested in independent living services should complete an application for independent living services.

An initial intake interview will be conducted with the applicant to determine eligibility and appropriate services consistent with individual's unique strengths and capabilities.

The consumer will be assigned an Independent Living Counselor who will provide counseling and guidance, planning and the necessary support in their obtaining a positive independent living outcome.

The consumer's full participation in their Independent Living program is vital for success. Once eligibility is determined, an Independent Living (IL) plan will be developed that will outline the independent living service to be provided. The consumer is a crucial partner in the development of an IL Plan as services must meet the needs of the individual.

When the IL Plan is agreed upon by both the IL Counselor and consumer, the plan is reviewed by a Supervisor. Once approved by the supervisor, the funds are encumbered and approved services are implemented.

The Navajo Nation believes that people with disabilities, when provided the necessary support and services can become productive members of society.

#### OFFICE OF SPECIAL EDUCATION & REHABILITATION SERVICES

Contact the nearest Navajo OSERS Office serving your agency for Independent Living Services.

## CENTRAL OFFICE P.O. Box 1420 Window Rock, AZ 86515

<u>Telephone: (928) 871-6338</u> <u>Toll Free: 1-866-341-9918</u> <u>Fax: (928) 871-7865</u>

## FORT DEFIANCE AGENCY P.O. Box 1420 Window Rock, AZ 86515

<u>Telephone: (928) 871-6338</u> <u>Fax: (928) 871-7865</u>

# SHIPROCK AGENCY 2014 San Juan BLVD Suite C Farmington, NM 87401 Telephone: (505)436-2642

Fax: (505)436-2965

The content of this brochure was developed by OSERS staff. This brochure is paid with funds from a grant from U.S. Department of Education, Rehabilitation Services and funds approved by the Nava-jo Council.

### OFFICE OF SPECIAL EDUCATION & REHABILITATION SERVICES

# Independent Living Services



### A Program for People with Disabilities



# About the Office of Special Education and Rehabilitation Services (OSERS)

The Department of Diné Education, OSERS provides independent living services to Navajo people with significant disabilities. OSERS' vision is to assure that Navajo people with significant disabilities can live independently in their home, community and environment.

Independent Living includes services are funded through funds by the Navajo Nation Trust Funds for Handicapped Services approved by the Navajo Nation Council. Other resources and comparable benefits are also accessed by the Navajo Nation for the provision of comprehensive independent living services.

#### What Services maybe Provided?

Independent living services are individually designed to meet the needs of Navajo people with significant disabilities with the intent that the individual live more independently in their home, community or environment.

Independent living services are individually designed and based on the persons' strengths, interest and needs. The following are examples of the types of independent living services that can be provided based on an individual needs.

- Information and Referral
- Counseling and guidance services
- Advocacy
- Peer Counseling
- Assistive Technology devices and equipment
- Native Healing Services (Restoration)
- Independent Living Skills Training
- Rehabilitation Technology services, such as ramp and minor housing modification
- Assistance in identifying accessible housing services, accessible transportation and other support services
- Mobility skills training for persons who are blind or visually impaired

# Who is Eligible for Independent Living Services?

Individuals are eligible for independent living services if they:

- Are an enrolled member of Navajo Nation, age 80 years and under;
- Must reside on the Navajo reservation;
- Have a significant mental or physical impairment; which limits their ability to function independently in their community, home and environment, or engage in employment; and
- Independent living services are required for the individual to achieve a greater level of independence.